



The following is a general summary of what you can expect during your obstetrical care at our office and which services will be included in the physician fee (or commonly know as the "global fee"). The physician fee will be billed at the time of delivery. All services not included in the physician fee will be billed to your insurance at the date of service.

The billing department will contact your insurance after your first appointment to determine what your individual physician fee will be. A letter will be mailed to you before your second appointment to explain your benefits and estimate. You will be asked to make a payment on this amount at each visit during your pregnancy.

www.valleywomenshealth.com

Please feel free to contact our billing department (801-374-1801, option 1 or 801-375-7054) for any questions with your physician fee payment plan.

Appointment Schedule by Gestational Age	First Appt. 8-12 Weeks	12-18 Weeks	21 Weeks	24	28	32	34	36	37	38	39	40+	Delivery	Post Partum visit 6 weeks after delivery (2 week visit if C-section)
				Weeks										
Services INCLUDED in the physician fee.	<ul style="list-style-type: none"> - Complete Physical - Review of Medical History - Establishment of Obstetrical Care 	<ul style="list-style-type: none"> - Heartbeat Check - Blood Pressure - Weight - Discussion with Provider 		<ul style="list-style-type: none"> - Heartbeat Check - Blood Pressure - Weight - Discussion with Provider Regarding Any Issues - Discussion About What to Expect in the Upcoming Months - Cervical Checks in the Last Month of Pregnancy - Stripping Membranes - Evaluation for Other Obstetrical Issues 									<ul style="list-style-type: none"> - Physician Fee for Delivery 	<ul style="list-style-type: none"> - Physical Exam - Incision Checks - Evaluation
Services NOT INCLUDED in the physician fee.	<ul style="list-style-type: none"> - Lab Work - Pap Smear - Gonorrhea and Chlamydia Testing - Any Urine Testing Throughout the Pregnancy - Bedside Ultrasound 	<ul style="list-style-type: none"> - Quad Marker Screen - Gender Check* (see below) 	<ul style="list-style-type: none"> - Total Anatomy Ultrasound (heart, face, brain, internal organs, growth and gender) 	<ul style="list-style-type: none"> - Gestational Diabetes Screening 	<ul style="list-style-type: none"> - Any Non-Stress Test - AFI's - Ultrasounds Needed During Pregnancy 		<ul style="list-style-type: none"> - GBS Culture 						<ul style="list-style-type: none"> - Any Hospital Admission (room and board, meals, nursing care, instrument usage) - Pathology Labs - Epidural - Pediatrician 	<ul style="list-style-type: none"> - IUD or Nexplanon Insertion - Pap Smear (if needed) - Any Labwork Ordered

* A gender check ultrasound between 16-20 weeks is optional and not medically necessary. This service is not billed to your insurance and will be self pay. This is also a separate appointment that will not take place at your routine obstetrical visit for the month. Please schedule with the receptionists. Some limitations apply.