

Weeks by Gestational Age	Appointment Frequency	Typical Appointment	Typical Tests/ Procedures	Concerns and Reasons to Contact Us
2 - 12 Weeks First Appointments are Typically Scheduled between 8 and 12 Weeks	Approximately Every 4 Weeks	<ul style="list-style-type: none"> - Bedside Ultrasound - Complete Physical - Review of Medical History - Establishment of Obstetrical Care 	<ul style="list-style-type: none"> - Lab Work - Pap Smear - Gonorrhea and Chlamydia Testing - Urine Testing 	<ul style="list-style-type: none"> - Miscarriage - Bleeding - Pelvic Pain - Severe Vomiting
12 - 18 Weeks	Approximately Every 4 Weeks	<ul style="list-style-type: none"> - Heartbeat Check - Blood Pressure - Weight - Discussion with Provider 	<ul style="list-style-type: none"> - Quad Marker Screen - Gender Check* (see below) 	<ul style="list-style-type: none"> - Bleeding - Abdominal or Pelvic Pain - Heavy Discharge or Pelvic Pressure
19 - 28 Weeks	Approximately Every 4 Weeks	<ul style="list-style-type: none"> - Heartbeat Check - Blood Pressure - Discussion with Provider Regarding Any Issues 		<ul style="list-style-type: none"> - Bleeding - Abdominal or Pelvic Pain - Frequent Abdominal Cramps
	20 - 21 Weeks (Ultrasound)	<ul style="list-style-type: none"> - The ultrasound replaces your monthly appointment 	<ul style="list-style-type: none"> - Total Anatomy Ultrasound including Gender Check 	
	24 - 28 Weeks		<ul style="list-style-type: none"> - Gestational Diabetes Screening 	
28 - 36 Weeks	Approximately Every 2 Weeks	<ul style="list-style-type: none"> - Heartbeat Check - Blood Pressure - Discussion with Provider Regarding Any Issues 	<ul style="list-style-type: none"> - Any Non-Stress Test - AFI's - Ultrasounds Needed During Pregnancy 	<ul style="list-style-type: none"> - Bleeding - Abdominal or Pelvic Pain - Frequent Abdominal Cramps - Persistent Headache - Visual Changes - Decreased Fetal Movement
36 - 42 Weeks	Approximately Every Week	<ul style="list-style-type: none"> - Discussion About What to Expect for Labor - Cervical Checks in the Last Month of Pregnancy - Stripping Membranes - Evaluation for Other Obstetrical Issues 		<ul style="list-style-type: none"> - Persistent and Consistent Hard Contractions - Bleeding - Leaking Fluid - Persistent Headache - Visual Changes - Decreased Fetal Movement
	36 Weeks		<ul style="list-style-type: none"> - GBS Culture 	
Post Partum Visit	6 Weeks After Delivery or 2 Week Visit if C-Section	<ul style="list-style-type: none"> - Physical Exam - Incision Checks - Evaluation 		<ul style="list-style-type: none"> - Signs of Depression - Breast Infection - Heavy Bleeding

* A gender check ultrasound between 16-20 weeks is optional and not medically necessary. This service is not billed to your insurance and will be self pay. This is also a separate appointment that will not take place at your routine obstetrical visit for the month. Please schedule with the receptionists. Some limitations apply.