

Weeks by Gestational Age	Appointment Frequency	Typical Appointment	Typical Tests/ Procedures	Concerns and Reasons to Contact Us
<b>2 - 12 Weeks</b> First Appointments are Typically Scheduled between 8 and 12 Weeks	<b>Approximately Every 4 Weeks</b>	<ul style="list-style-type: none"> <li>- Bedside Ultrasound</li> <li>- Complete Physical</li> <li>- Review of Medical History</li> <li>- Establishment of Obstetrical Care</li> </ul>	<ul style="list-style-type: none"> <li>- Lab Work</li> <li>- Pap Smear</li> <li>- Gonorrhea and Chlamydia Testing</li> <li>- Urine Testing</li> </ul>	<ul style="list-style-type: none"> <li>- Miscarriage</li> <li>- Bleeding</li> <li>- Pelvic Pain</li> <li>- Severe Vomiting</li> </ul>
<b>12 - 18 Weeks</b>	<b>Approximately Every 4 Weeks</b>	<ul style="list-style-type: none"> <li>- Heartbeat Check</li> <li>- Blood Pressure</li> <li>- Weight</li> <li>- Discussion with Provider</li> </ul>	<ul style="list-style-type: none"> <li>- Quad Marker Screen</li> <li>- Gender Check* (see below)</li> </ul>	<ul style="list-style-type: none"> <li>- Bleeding</li> <li>- Abdominal or Pelvic Pain</li> <li>- Heavy Discharge or Pelvic Pressure</li> </ul>
<b>19 - 28 Weeks</b>	<b>Approximately Every 4 Weeks</b>	<ul style="list-style-type: none"> <li>- Heartbeat Check</li> <li>- Blood Pressure</li> <li>- Discussion with Provider Regarding Any Issues</li> </ul>		<ul style="list-style-type: none"> <li>- Bleeding</li> <li>- Abdominal or Pelvic Pain</li> <li>- Frequent Abdominal Cramps</li> </ul>
	<b>20 - 21 Weeks (Ultrasound)</b>	<ul style="list-style-type: none"> <li>- The ultrasound replaces your monthly appointment</li> </ul>	<ul style="list-style-type: none"> <li>- Total Anatomy Ultrasound including Gender Check</li> </ul>	
	<b>24 - 28 Weeks</b>		<ul style="list-style-type: none"> <li>- Gestational Diabetes Screening</li> </ul>	
<b>28 - 36 Weeks</b>	<b>Approximately Every 2 Weeks</b>	<ul style="list-style-type: none"> <li>- Heartbeat Check</li> <li>- Blood Pressure</li> <li>- Discussion with Provider Regarding Any Issues</li> </ul>	<ul style="list-style-type: none"> <li>- Any Non-Stress Test</li> <li>- AFI's</li> <li>- Ultrasounds Needed During Pregnancy</li> </ul>	<ul style="list-style-type: none"> <li>- Bleeding</li> <li>- Abdominal or Pelvic Pain</li> <li>- Frequent Abdominal Cramps</li> <li>- Persistent Headache</li> <li>- Visual Changes</li> <li>- Decreased Fetal Movement</li> </ul>
<b>36 - 42 Weeks</b>	<b>Approximately Every Week</b>	<ul style="list-style-type: none"> <li>- Discussion About What to Expect for Labor</li> <li>- Cervical Checks in the Last Month of Pregnancy</li> <li>- Stripping Membranes</li> <li>- Evaluation for Other Obstetrical Issues</li> </ul>		<ul style="list-style-type: none"> <li>- Persistent and Consistent Hard Contractions</li> <li>- Bleeding</li> <li>- Leaking Fluid</li> <li>- Persistent Headache</li> <li>- Visual Changes</li> <li>- Decreased Fetal Movement</li> </ul>
	<b>36 Weeks</b>		<ul style="list-style-type: none"> <li>- GBS Culture</li> </ul>	
<b>Post Partum Visit</b>	<b>6 Weeks After Delivery or 2 Week Visit if C-Section</b>	<ul style="list-style-type: none"> <li>- Physical Exam</li> <li>- Incision Checks</li> <li>- Evaluation</li> </ul>		<ul style="list-style-type: none"> <li>- Signs of Depression</li> <li>- Breast Infection</li> <li>- Heavy Bleeding</li> </ul>

\* A gender check ultrasound between 16-20 weeks is optional and not medically necessary. This service is not billed to your insurance and will be self pay. This is also a separate appointment that will not take place at your routine obstetrical visit for the month. Please schedule with the receptionists. Some limitations apply.